



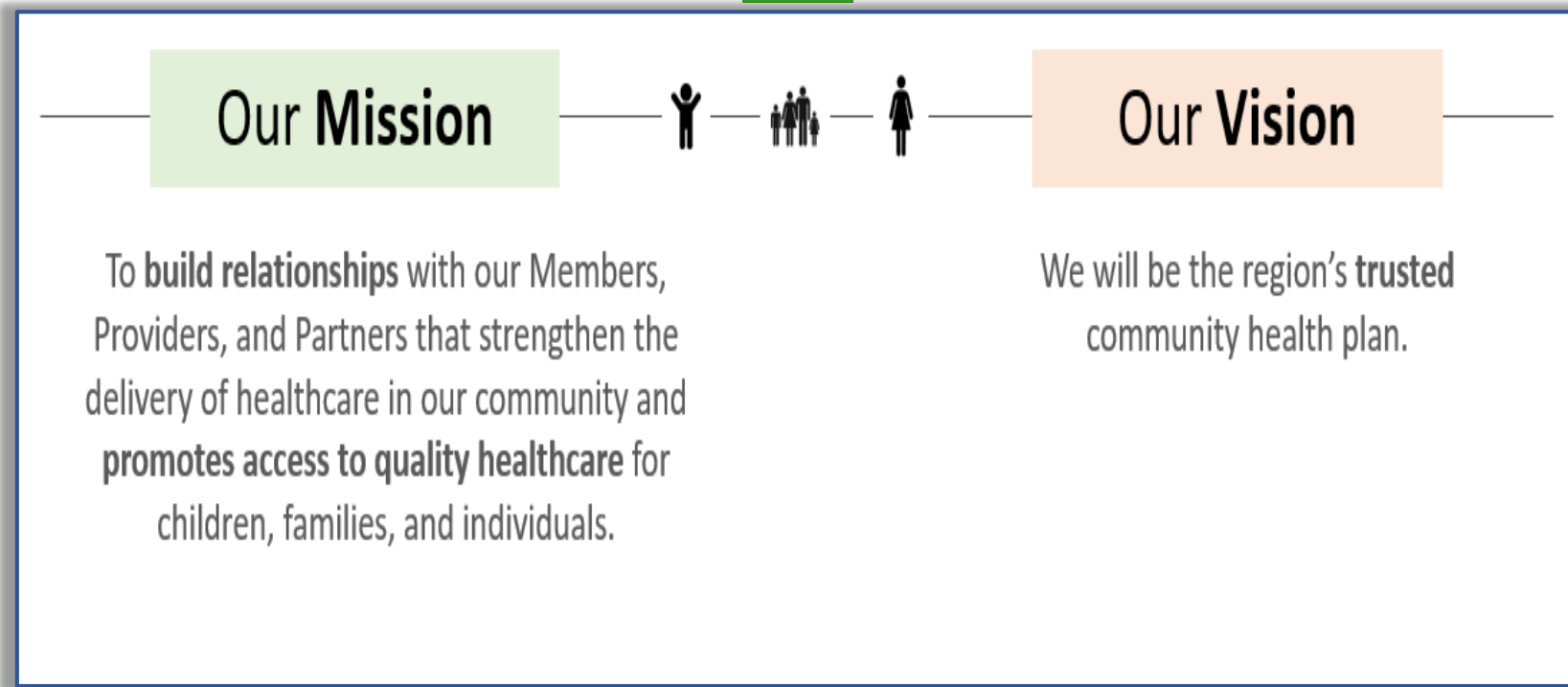
El Paso Health

HEALTH PLANS FOR EL PASOANS. BY EL PASOANS.

THE HEALTH PLANS OF EL PASO FIRST

STAR+PLUS Provider Training Intellectual or Developmental Disability (IDD)

We Are El Paso Health



El Paso Health has been an established and trusted health plan for over 20 years.

We understand El Paso and far West Texas, because this is our **Community**. We take pride in providing quality healthcare **for El Pasoans by El Pasoans**.

WE ARE YOUR LOCAL STAR, CHIP, STAR+PLUS, and Medicare Advantage PLAN!!

Agenda

- Intro to El Paso Health
- What is an Intellectual or Developmental Disability?
- Eligibility for IDD Programs
- IDD Assessment
- Intermediate Care Facilities (ICFs)
- Types of IDD Programs
 - Community Living Assistance & Support Services
 - Deaf Blind with Multiple Disabilities (DBMD)
 - Home and Community-based Services (HCS)
 - Texas Home Living (TxHmL)
- Determination of Intellectual Disability

What is an Intellectual or Developmental Disability (IDD)?

An intellectual or developmental disability, also called IDD, includes many severe, chronic conditions that are due to mental and/or physical impairments. IDD can begin at any time, up to 22 years of age. It usually lasts throughout a person's lifetime. People who have IDD have problems with major life activities such as:

- Language
- Mobility
- Learning
- Self-help
- Independent living

The [Explanation of IDD Services and Supports \(PDF\)](#) describes programs to help people with IDD.

Each IDD service has its own rules. Most programs require that:

- You have limited income and assets.
- You show a need for services.
- You be a U.S. citizen or a qualified legal alien who lives in Texas.

Some services — such as those for children — have age limits. Others are for people of all ages.

Eligibility for IDD Programs

El Paso Health will assist the member in connecting to the local IDD authority (LIDDA) who will determine if someone can get HHSC services. To get services, one of the following must apply:

- Member must have a diagnosis of IDD.
- Member must have a pervasive developmental disorder, such as autism, as defined in the current edition of the Diagnostic and Statistical Manual.
- Member must have a related condition and be eligible for, and enroll in, a HHSC program that serves people with IDD.
- Member must be a nursing home resident with a diagnosis of IDD or a related condition.

Assessment for IDD Programs

A determination of eligibility is an assessment (or endorsement of an assessment) to determine if a person has an intellectual disability or is a member of the HHSC priority population for IDD. Determination of eligibility for IDD services and supports involves the LIDDA and HHSC.

- The IDD assessment uses information from:
 - Standardized tests to determine a person's IQ and ABL and is conducted by qualified professional(s)
 - Typically includes an interview with the person, the person's legally authorized representative (LAR), or, if the person doesn't have an LAR, others who are actively involved with the person.
 - Includes any additional reviews or assessments for medical necessity and related conditions determinations
- Once all assessments, testing and interviews have concluded and been submitted to HHSC by the LIDDA, HHSC will issue a Determination of Intellectual Disability (DID) that will contribute to a Level of Care (LOC) assignment.
- The overall process could take as long as 90 days or more to complete.

Intermediate Care Facilities (ICFs)

Intermediate Care Facilities for Individuals with an Intellectual Disability or Related Conditions (ICF/IID) program:

- An ICF/IID is a 24-hour residential setting for individuals with an intellectual disability or a related condition.
- An individualized plan of care is developed, based on the needs and choices of the person and the person's family.
 - The unique needs of the person are the focus of the plan of care. Professional staff and other service providers work with the person and the person's family to develop a plan based on the person's skills, strengths, and desires.
 - Plans include comprehensive medical and therapy services and skill development programs. Staff helps with daily living activities so that the person gains skills to increase independence.
 - There is no waiting list or interest list for this program.

There are two types of facilities:

- State Supported Living Centers (SSLCs)
- Community-based ICF/IDD Residence Homes



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Types of IDD Programs

Community Living Assistance & Support Services (CLASS)

The CLASS program provides services to people with a related condition who need habilitation services. People with a related condition have a qualifying disability, other than a diagnosis of an intellectual disability, that originated before the age of 22 and that affects their ability to function in daily life.

Services include:

- Adaptive aids
- Medical supplies
- Behavioral support
- Case management
- Nursing
- Respite care
- Specialized therapies
- Employment services,
- Support family services
- CFC services

Additional information about the CLASS program can be found at

<https://apps.hhs.texas.gov/providers/CLASS/index.cfm>.

Deaf Blind with Multiple Disabilities (DBMD)

The DBMD program provides services to people who are deaf, blind, and have an additional disability. The program helps people communicate and interact with their environment. Services available include:

- Adaptive aids
- Medical supplies
- Assisted living
- Audiology
- Behavioral support
- Case management
- Minor home modifications
- Dental care
- Chore
- Intervener
- Therapies
- Orientation and mobility
- Day habilitation
- Nursing
- Respite care
- Employment assistance
- Supported employment
- CFC services

Additional information about the DBMD Program can be found at:

<https://www.hhs.texas.gov/handbooks/deaf-blind-multiple-disabilities-dbmd-program-manual>

Home and Community-based Services (HCS) Program

The HCS program provides services to people with IDD who live with their family, in their own home, in a host home/companion care setting, or in a residence with no more than four people who also receive services. Services meet the person's needs so the person can maintain himself or herself in the community and have opportunities to participate as a citizen to the maximum extent possible. Services include:

- Adaptive aids
- Minor home modifications
- Professional therapies
- Behavioral support
- Dental treatment
- Nursing
- Residential assistance
- Respite care
- Day habilitation
- Employment services
- CFC services

Additional information about the HCS Program can be found at:

<https://www.hhs.texas.gov/providers/long-term-care-providers/home-community-based-services-hcs/how-become-hcs-provider>

Texas Home Living (TxHmL) Program

The TxHmL program provides essential services and supports so that people with IDD can continue to live with their families or in their own homes. TxHmL services supplement but do not replace services and supports from other programs such as the Texas Health Steps Program, or from natural supports such as family, neighbors or community organizations. Services include:

- Community support
- Nursing
- Adaptive aids
- Minor home modifications
- Specialized therapies
- Behavioral support
- Dental treatment
- Respite care
- Day habilitation
- Employment services
- CFC services

TxHmL Program services are limited to a yearly cost of \$17,000 per person.

Additional information about the TxHmL Program can be found at:

<https://www.hhs.texas.gov/providers/long-term-care-providers/texas-home-living-txhml/how-become-a-txhml-provider>